

**Some comments about  
Family Therapy Specialists:**

*-“FTS’ training is the next level of learning  
I was looking for.”*

*-“An opportunity to see the theories I learned in  
the classroom come alive in a real-life setting.”*

*-“One of the best kept secrets in the twin cities.”*

*-“You have something really special here.”*

*-“This is how the great training centers  
used to do it!”*

*-“Nothing beats immediate feedback.”*

*-“Its hard to find the type of experiential learning  
that FTS provides.”*

*“The value compared to the cost is exceptional.”*



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## SCHEDULE

**Monthly Schedule TBA:**

One Saturday morning  
OR

One Friday afternoon  
OR

2 weeknights per month

## LOCATION

Family Therapy Specialists  
Training Site:

Arden Woods Psychological Services  
900 Long Lake Road,  
Suite #320

New Brighton, Mn 55112

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We are located at the southeast  
corner of 694 and Long Lake Road  
One exit west of 694 and 35W

## TO JOIN

Applications are accepted every summer for  
the following academic year (Sept - June).

Contact information:

[familytherapyspecialist@gmail.com](mailto:familytherapyspecialist@gmail.com)

[markeand@juno.com](mailto:markeand@juno.com)

651-482-9361

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# Family Therapy Specialists

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**OUR FOCUS IS ON  
TRAINING:  
MOVING SUPERVISION TO  
THE NEXT LEVEL.**



*Excellence is an art won by training.*





# FAMILY THERAPY SPECIALISTS

*Family Therapy Specialists offers a different kind of training experience:*

*Using live therapy sessions and video recordings from our extensive archives, we demonstrate and break down the art of training the eyes and ears to see and hear the nuances and subtleties of what is happening in a therapy session with both client and therapist.*



## Trainers:

### In memoriam:

George Vognar, LICSW, LMFT, founded Family Therapy Specialists in 1984. George was trained under Salvador Minuchin and worked with pioneers such as Fritz Midlefort, Carl Whitaker, Insoo Kim Berg and Steve deShazer.

He received the MAMFT award for Distinguished Service to the field in 2013. George continued training with FTS until his death in 2014.

**Mark E. Anderson, MA, LP, LMFT**, trained under George for a number of years until joining the training staff in 1994. He now continues the training program in the tradition established by George in 1984. Mark is a MN & AAMFT approved supervisor for family therapists, MA psychologists, and licensed professional counselors. He has taught preparation classes for the national MFT exam, and graduate school classes in counseling and family therapy for over 20 years.



## TRAINING

**\$80**

FTS offers monthly training for any therapist interested in taking their therapy skills to the next level of insight, skill, competency, and confidence. Trainees offer live therapy with families while being observed by the senior trainer and cohort members. They receive mid-session guidance and post-session review of their work. Using teaching, videos, interactive learning, we address self-of-the therapist, various theoretical perspectives, specific intervention techniques and assist each trainee toward their personal learning goals.

FTS is a 4 hour monthly commitment, for a 10 month period, September to June. The cost is \$80 per month. Training cohorts are limited to 6 trainees per cohort. Training sessions are approved for 40 hours of group supervision for pre-licensed LAMFTs or 40 hours of approved CEU's for LMFTs (Mn state only). Each cohort of 6 trainees share the entire ten month training series together as a group, building trust and confidence while encouraging, teaching and learning from one other. **Applications are welcome each summer. New cohorts are formed each fall. To apply please contact "familytherapyspecialists@gmail.com"**

## FREE THERAPY FOR FAMILIES

**\$00**

Any family may schedule free therapy by one of our supervised trainees, without a referral. Any therapist can refer a family for free consultation as well. There is **no cost to the family**. Families or therapists can schedule by contacting the administrator at "**familytherapyspecialists@gmail.com**"



*One-Way mirror observation*



*Receive training from seasoned clinicians focused specifically on you and your goals and needs*



*Bring a family you are working with for on-the-spot feedback & consultation*